



# County of Fairfax, Virginia

## NEWS RELEASE

### FOR IMMEDIATE RELEASE

July 3, 2007

Contact: BeBe Nguyen  
Director of Communications  
703 476 4500

bebe.nguyen@fairfaxcounty.gov

### Chill Out! Come Beat the Heat with RCC

RESTON, VA – The Reston Community Center is part of the Reston experience, offering unmatched value in personal enrichment and community connection. Reston Community Center is featuring activities and computer enrichment courses for seniors in July. For more information or to request reasonable ADA accommodations, please contact Shawna Molina, Senior Adult Programs Director, at 703-390-6157 or 800-828-1120 (TTY). Visit our website [www.restoncommunitycenter.com](http://www.restoncommunitycenter.com) to download registration form. All registrations must be received via fax, mail, or in-person delivery; no phone reservations will be accepted. Classes are designed for ages 55 and older. Those under 55 are eligible to register if space is available but the registration fee will be doubled. For, call 703-390-6157, TTY 800-828-1120.

#### Wednesday, July 25

##### The Kreeger Museum and Katzen Arts Center

Explore the artistic treasures of two of Washington's outstanding architectural gems! Works by Monet, Renoir, Sisley and Picasso are included in the Kreeger collection. The Katzen houses 20<sup>th</sup> century and contemporary art in over 30,000 square feet. Participants should arrive at Reston Community Center Hunters Woods by 8:30 a.m. and pack a bag lunch to eat on the bus between tours. Estimated return to Reston is 4:00 p.m. The cost for Small Tax District 5 residents and employees is \$15 and \$30 for others and includes transportation and admission fees.

#### Monday, July 16 and 23 at 6:30 p.m.

##### Diabetes Awareness

Learn about prevention, management, and healthy nutrition and activity in this two-part workshop led by Reston Hospital Center's Diabetes Program Coordinator, Karen Gardiner, RN, CDE. Free but registration is required.

#### Wednesday – 2 Sessions

##### July 18 and 25, 5:30 p.m. – 6:30 p.m.

##### Peace and Stability Operations

In this two-part series, James Hanlon, White House Foreign Policy Analyst, will address the evolution and application of complex civil-military operations related to the Cold War conflict and its effects on global and national security. The cost for Small Tax District 5 residents and employees is \$10 and \$20 for others.

- more -



**Wednesday and Thursday, July 11-12, 10 a.m. – 12:30 p.m.**  
**Intermediate Word Processing**

Come strengthen your computer skills by focusing on specialized tools and functions. The cost for Small Tax District 5 residents and employees is \$30 and \$60 for others.

**Thursday, July 19, 10 a.m. – 12:30 p.m.**  
**Photo Story Slide Show**

Learn how to display and customize your photos from a camera, CD or DVD. The cost for Small Tax District 5 residents and employees is \$20 and \$40 for others.

**Monday – Friday, July 23-27, 10 a.m. – 12:30 p.m.**  
**Digital Photography & Editing**

This five-day class will cover various aspects of digital photography. Learn about cameras, scanners, photographic file formats. You will learn how to edit photos and create albums and slideshows on a CD. Students will make a CD in class and materials will be provided. The cost for Small Tax District 5 residents and employees is \$75 and \$150 for others.

**About the Reston Community Center**

Each year the Reston Community Center offers more than 1,800 positive self-development experiences, which enhance the quality of life for all people living and working in greater Reston. We provide a broad range of programs in arts, aquatics, enrichment and life-long learning. We also create and sustain community traditions through special events, outreach activities, and facility rentals. To find the programs or events that are right for you, visit [www.restoncommunitycenter.com](http://www.restoncommunitycenter.com) or call 703-476-4500.

###

Fairfax County is committed to nondiscrimination on the basis of disability in all county programs, services and activities. Reasonable accommodations will be provided upon request. For further information, contact the Reston Community Center at (703) 476-4500, Virginia Relay (800) 828-1120 (TTY) or visit the website at <http://www.restoncommunitycenter.com>. The Reston Community Center is located at 2310 Colts Neck Road, Reston, VA 20191. The Reston Community Center is completely accessible to persons with disabilities and will provide reasonable accommodations in accordance with the Americans with Disabilities Act (ADA).

---

To request this information in an alternate format, call Esther Garcia, 703-476-4500.

**Reston Community Center**  
2310 Colts Neck Road  
Reston, Virginia 20191  
[www.fairfaxcounty.gov](http://www.fairfaxcounty.gov)

