



County of Fairfax, Virginia

NEWS RELEASE

For Immediate Release

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Aging in Place Forum to be held at Reston Community Center

Community survey will be used to set agenda and shape future services for Aging in Place Forum on October 9th

On October 9, 2010, from 1:00 PM to 5:00 PM, Aging in Reston: A Community Forum for Hunter Mill District will be held at the Reston Community Center at Hunters Woods, featuring a keynote presentation from Reston Founder, Robert E. Simon on his original village concept that includes housing for everyone. Also included is a panel of leaders from a variety of innovative aging programs in other locations, and breakout sessions designed to explore existing local resources.

By 2020, approximately 363,000 residents over the age of 50 will live in Fairfax County. As a result, many people are planning how they can retire gracefully and comfortably in the community they love. Residents are invited to participate in this education session to engage in dialogues about needs and services for older adults in Reston and surrounding areas, and how they can create an aging in-place community model that best serves their needs. Learn about available services, programs and options to consider for our future.

A community survey is also available at www.AgingInReston.org to gauge the aging in place concerns of residents. Volunteers are also engaging residents at community events. Survey responses are being used to shape the October forum agenda, with results to be shared at the community forum.

Hunter Mill District Supervisor Cathy Hudgins said, "This forum is intended to empower residents, introduce and re-introduce them to their neighbors, and better plan how to retire gracefully while remaining comfortably in the community they love."

The forum is a result of constituent inquiry and community organizations in Reston responding to a call for action after two long-time Reston residents visited the Hunter Mill District office inquiring about "aging in-place" models. Supervisor Hudgins galvanized County staff and residents asking them to discuss the needs, ideas, and existing aging in-place models. The Reston Community Center, Reston Interfaith, Reston Association, Reston Citizens Association, and the magazine "Guide to Retirement Living" were asked to join in presenting this concept to the broader Reston and Hunter Mill District Communities.

Light refreshments will be served and the forum is free. Advance registration is requested. Registration forms are available at the Reston Community Center or at www.fairfaxcounty.gov/huntermill. For additional information, contact the Reston Community Center at 703-476-4500, or the Hunter Mill District office at 703-478-0283, or hntmill@fairfaxcounty.gov.

To request this information in an alternate format, call
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